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Teaching Statement

Dance education is vital as it bridges the institutional disconnect between the abstract, theoretical content of academia and the felt wisdom of embodied knowledge. I believe this type of learning occurs in an environment that: affirms students for who they are and what they already have while encouraging self-awareness and growth; offers accessible challenges with clear expectations and appropriate feedback; provides multiple modalities for engaging with material.

While in the posture of “teacher” I prioritize the humanity in both students and myself. I know and make clear that I am learning and re-learning along with students. In this way I hold myself accountable to what and how I am teaching, creating a space in which students are invited to do the same – to show up with a sense of both self-respect and self-responsibility. I am honest about what I don’t know and where there are gaps between my lived experiences and the content being taught. Guest instructors are often utilized to provide students with broader perspectives. Creative, scholarly, and testimonial research from individuals with varied lived experiences are highlighted in multiple contexts to honor the lineages and complexities of class material.

I believe that fostering intentional relationships with students leads to a more honest and interactive classroom. To do this I make it a point to meet with students individually as the first assignment in the semester, listening to their needs, experiences, goals, and anything else they feel pertinent to their success. In this way, students are affirmed as individuals beyond their role as student and simultaneously have a chance to interact with me outside of the formalities of the classroom. Acknowledging what students come into the classroom with and valuing their individual lived experiences then creates a foundation from which we can practice vulnerability and humbly learn from each other.

I believe that students are most successful when offered accessible challenges with clear expectations and ample feedback. Syllabi are prepared with great attention to detail, informing students of all due dates and expectations at the start of the year. Assignments are given intentionally, scaffolding work requirements that connect to one another and prepare students for in-class learning as well as final projects and papers. Whether formally through reflection assignments and submitted drafts, or informally through open check-ins during class time, students have multiple opportunities to assess their own growth and engagement in the class while also expressing how the class is working for them. In this way we both, students and facilitator, are working together to create a container that allows everyone to be successful.

While providing clear expectations for class participation I also value giving students the flexibility to approach class with agency and choice, and I provide multiple ways to engage with material. In both lecture and movement classes material is offered through various modalities

including articles, podcasts, books, and documentaries. I share multiple perspectives, methods, and modes of analysis, emphasizing the complexity of class material and offering students a chance to form their own opinions. Students are asked to synthesize information in a way that connects course content to their lives and relationships outside of the classroom. I provide structure and form yet emphasize student exploration and curiosity within it, encouraging students to reflect on how they can be both fully themselves and fully present to the material.

In both lecture and movement courses, embodiment of course content is a primary teaching strategy. While class material is communicated through spoken and written word, embodiment of concepts is crucial as it allows for deeper integration of information. Movement classes are often based in a durational practice of moving, during which students are given prompts and questions to both think about and enact simultaneously. In lecture courses movement days are built into the course schedule so students have the opportunity to feel and embody the concepts that have been lectured on previously.

Ultimately, I use dance in the classroom as a tool for greater self-awareness, using both knowledge and embodied skills as avenues to self-discovery as well as strategies for building intentional relationships. Equal opportunities are offered for students to both individually reflect on course material and engage in conversation and activity with peers. A dual awareness and use of internal and external processing is both encouraged and provided through in-class group activities, small group check-ins, and opportunities for open dialogue.

My goal is to provide a space where students feel challenged but capable; challenged to think in new ways and counter preconceived notions, but capable in their own abilities to be successful. It is important to me that students be responsible for their own learning without being coerced or guilted into it. I work intentionally to disrupt a classroom culture of shame by valuing each individual and what they offer by simply existing, while simultaneously encouraging a practice of awareness as to how they exist in relationship to each other and the community past, present, and future.